

What should we bring for the day?

- Casual and athletic clothing suitable for outdoor activities
- Warm jacket, sweater
- Rain gear
- Outdoor running shoes or boots
- Hat, sunscreen, sunglasses
- Personal toiletries
- Pen, Pencil, and a note pad
- Snacks (no nuts please)
- Water bottle (**reusable**)
- Camera

Please, do not bring valuables!

What should we bring for overnight trips?

In addition, ALL Season Suggestions:

- Base Layers (non-cotton)
- Long underwear
- Wool or fleece Sweater
- Warm jacket (down or insulated)
- Hat, toque, and gloves
- Extra clothing layers
- Extra wool/synthetic socks
- Extra footwear - Sturdy and appropriate footwear for various outdoor travel
- Pajamas
- Toiletries (toothbrush, toothpaste, shampoo, conditioner, deodorant etc.)
- Field notebook (if applicable)

In addition, WINTER Suggestions:

- Ski pants/ ski jacket
- Winter boots

In addition, Summer/Spring/Fall Suggestions:

- Shorts
- Running shoes
- Hiking boots
- Rain jacket and pants
- Rubber boots
- Bathing suit (if canoeing)

NOTE: Jasper can have four seasons in one day! It is very important that students have warm clothes regardless of season!