



School Name		Teacher(s)	
# of Students		# of Adults	
Grade(s)	Grade 7	Program Focus	Mountain People
Meeting Room	Barn	Accommodations	Den
Dates		Language	English & French

Day 1

Time	Activity	Location	Staff
9:00/9:15 am	Arrival, Gear to Rooms	Den/Barn 17 & 18	Palisades Staff (PSEC)/Teachers
9:30 am	Introduction to Program, Site Orientation and Orientation Scavenger Hunt	Grounds	PSEC
10:15 am	Team Building Activities: toxic river, bigfoot skis	West Coral	PSEC
11:00 pm	Indigenous Games: (2 groups) 1) Village Lacrosse 2) Double Ball	West Coral	PSEC
12:00 pm	Bag Lunch from Home	Grounds/Barn	
12:45 pm	Bike to Snaring River - Some students will bike, others may choose to shuttle in PSEC van(s)	Snaring Road - Bike/Vans	Teachers/PSEC
1:45 pm (approx.)	Arrive at Snaring River	Snaring River	
2:00 pm	Snaring River Activities: Activity: (45 minute rotations) 1) Legacy of the People, character cards, Drumming, Storytelling, Introduction to 4 Sacred Medicines, Smudge, Talking Circle 2) Travel and Travois Building	Snaring River (across from overflow)	PSEC
2:45 pm	Switch		
3:30 pm	Return to Palisades from Snaring	Bikes/Vans	PSEC
4:15 pm	Break, snacks from home	Barn	Teachers
4:30 pm	Divide Groups: Group 1: Bannock prep and cook, decorations for Mountain Mingle (i.e. pine cones, boughs, table center pieces) Group 2: Fire Starting (no matches nor wood pile, etc.)	Bull Pen/Fire Pit	PSEC

5:30 pm	Break/Study Time	Barn/Grounds	Teachers
6:00 pm	Dinner	Bunkhouse	
6:45 pm	Mountain Mingle: dress up, cards, bannocks snack, Metis Jigging?	Barn	PSEC
8:15 pm	Hand over to teachers for night: Long Road Home documentary viewing?	Barn	Teachers

Day 2

Time	Activity	Location	Personnel
8:00 am	Breakfast	Bunkhouse	
9:00 am	Depart for Sixth Bridge	Bus	Teachers/PSEC
9:15 am	Divide Groups Group 1: Canoe @ Lk. Edith Group 2: Hike Maligne Canyon, bus shuttle back to 6 th bridge	Sixth Bridge	PSEC
11:30 pm	HOT Lunch	Bunkhouse	
12:00 pm	Divide Groups - Group 1: Hike Maligne Canyon, bus shuttle back to 6 th bridge - Group 2: Canoe @ Lk. Edith	Sixth Bridge	PSEC
1:45 pm	Closing ceremony and debrief - Talking circle/ closing	PSEC	PSEC
2:00 pm	Depart for home (adjust for travel time)	Bus	