



Winter Travel 25

High School		GYPSSD teacher	
Teacher		Date	
# Students		Language	

Pre Immersion

Duration	Activity	S.L.O.	Location	Personnel
2 hour	Research people with significance to the culture and ecology of JNP (Mary Schafer or first nations) Write five min readers theatre for use on your immersion program	2.7	School	Local teacher
2 hours	Research the ecological footprint of skiing in Western Canada.	2.8	School	Local teacher

Day 1 -

Time	Activity	S.L.O.	Location	Personnel
9:00	Arrival and gear to rooms Intro to site-Icebreakers		Grounds	
9.30	Intro to course and journaling, sign out avi packs	1.7	Garage	
10.00	GPS Level 2 – review GPS, UTM system, plot points on map, enter points manually, locate points in field. GPS Tag.	4.10	Garage	
12.00	LUNCH packed from home		Garage	
13.00	Readers theatre - People with significance to the culture and ecology of JNP – from Pre Immersion	1.7 1.8		
14.00	Risk Mitigation and the formation and nature of avalanches	1.2	Garage	
14.30	Class - Avalanche Terrain	1.7	Garage	
14.45	Terrain Traps	1.8		
14.55	BREAK		Garage	
15.10	Avalanche Terrain- Exposure Scale	1.12 1.13	Garage	
16.00	Avalanche danger ratings and public forecasting	1.12 1.13	Garage	
16.15	Trip Planning 1- Avaluator	1.12 1.13	Garage	
17.15	Trip Planning 2 – Bulletins and Weather	1.6	Garage	
18.00	Reflection and Gear Management	4.7	Bunkhouse	
19.00	DINNER		Garage	
19.30	Trip Planning 3 – Human factors, FACETS	1.9	Garage	
19.45	Fine Line training video – “Predicting Avalanches”	1.8 1.9	Garage	
20.15	Trip planning 4 – Gear and trip plans	1.11	Lodge	
20.45	Good Travel Habits - Slope Assessment	1.13 1.14	Garage	
21.00	END OF PROGRAMMING DAY			

Day 2 -

Time	Activity	S.L.O.	Location	Personnel
8.00	BREAKFAST		Bunkhouse	
9.00	Map and Compass Level 2 Mapping review		Garage	
10.30	Improvised shelter building	4.12	Grounds	
11.00	Count down and Catchment Features <i>(Go to Whistler Meadow to bury beacons)</i>	1.14	Garage	
12.00	LUNCH		Bunkhouse	
13.00	Depart Palisades for Marmot Basin Parking lot #3			
13.30	Beacon briefing, range check and pre-trip safety steps		Marmot Meadows	
14.00	Companion rescue practice	1.6	Marmot Meadows	
16.00	RETURN TO PALISADES			
16.30	Study for AST 1, reflection		Den	
18.00	SUPPER		Bunkhouse	
19.00	Winter Survival& Contingency Measures – cold injuries, advanced shelters, winter clothing, nutrition	1.11	Garage	
20.00	DVD: Fine Line “Emergency Rescue “Dozen More Turns” ASARC- reflect and discuss	1.10	Garage	
21.00	END OF PROGRAMMING DAY			

Day 3 -

Time	Activity	S.L.O.	Location	Personnel
8.00	BREAKFAST and pack lunches		Bunkhouse	
8:30	DEPART FOR MARMOT BASIN			
9.30	Get rentals and tickets. Meet @ Lodge		Marmot	
9.50	Up to top of CRE, congregate and observe Caribou habitat – ski hill expansion	2.3 2.8	Top of CRE	
10.00	Snow pit demo	4.14	Top of CRE	
11:00	Companion Rescue: Beacon Testing at Beacon Basin	4.12	Beacon Basin	
12.30	LUNCH		Marmot Learning Centre	
1.30	Written test – AST	1.6 – 1.14	Marmot Learning Centre	
	GPS Challenge – GPS hunt with added data collection			
16.30	Return rentals and travel to Palisades			
17.00	Gear management and reflection - Self awareness, approaching Fatigue, Frustration, Fear	5.9, 4.7	PSEC	
18.00	SUPPER		Bunkhouse	
19.00	Team Building		Grounds	
20.00	Canadian Identity and Wilderness Investigate the attitudes and values of wilderness promoted in advertising.	5.13	Garage	
20:45	Summit Lakes Trip Planning Weather – Avalanche – Terrain conditions	1.16, 1.17, 4.8, 4.9	Garage	
21.30	END OF PROGRAMMING DAY			

Day 4 -

Pack evaluations, certificates, pencils,

Time	Activity	S.L.O.	Location	Personnel
8.00	BREAKFAST and pack lunch Pack all rooms and personal items into vehicles		Bunkhouse	
9.00	Multiple perspectives Pre trip planning – assign and load ski gear	4.7, 5.11	Garage	
9.30	DEPART for Summit Lake Trailhead			
10.00	Summit Lakes X-Country Ski 10k Active leadership <ul style="list-style-type: none"> • 15min student rotations) • Pairs – Lead and tail • Hand off to next pair 	5.10, 5.12	Summit Lakes	
11.30	Route plan implementation and review	4.8, 4.9		
12.00	Lunch		Summit Lakes	
12.30	Journal - Navigation and Avalanche data	4.9	Summit Lakes	
13.00	Active leadership <ul style="list-style-type: none"> • 15min student rotations) • Pairs – Lead and tail Hand off to next pair	5.10, 5.12		
14.00	Debrief Active leadership - Turn around time		Summit Lakes	
15.00	Give out certs, evals, return gear DEPART Trailhead for home			

Post Immersion

Duration	Activity	S.L.O.	Location	Personnel
1.5 hour	Identify the Pros and Cons around the evolution of recreational equipment from 1960 and today. <ul style="list-style-type: none"> • For personal safety • For personal enjoyment • For ecology • For accessibility 	3.3	School	Local teacher
1.5 Hour	Empathy with Fred Brewster – using art, or a 200 word essay describe the winter travel experience of Jasper early guides.	3.3	School	Local teacher