

Winter Travel 35
Post-Immersion

1. Introduction

The following plans and activities are to be completed after the students' visit to the Jasper Palisades Centre. Within this Post-Immersion package, you will find activities that will cover approximately 4 to 5 hours of classroom work. The activities covered will help the students summarize and share the winter travel component, where students learnt how to safely and efficiently spend time outdoors. Students will end the Post-Immersion sessions with a poster or oral presentation to a group of their peers.

2. Post-Immersion Course Schedule

Session 1: Final Project Introduction

Session 2/3: Final Project

Session 4: Final Project Presentations & Reflections

3. Post-Immersion Lessons, Activities, Assignments and Rubrics

Assignment # 1 Marking Key

Equipment check list:

Snow gear:

- Backcountry skis, snowboard or snowshoes
- Boots
- Climbing skins (if using skis or split board)
- Poles
- Avalanche probe
- Shovel
- Snow study kit
- Repair kit (spare parts and tools)
- Avalanche transceiver

The Essentials:

- Map
- Sunglasses/Snow goggles
- Sunscreen
- Headlamp
- Matches
- Knife
- Compass
- Food
- First-Aid kit
- Fire starter
- Water (filtration device if needed)
- Trip plan left with friend

Clothes:

- Long underwear, top and bottoms
- Gaiters (optional)
- Outer shell bottoms
- Outer shell top
- Gloves/mitts
- Mid-layer top and bottoms (fleece)
- Socks and underwear
- Insulated top
- Toque

Camping gear:

- Backpack
- Sleeping bag
- Stove and fuel
- Camping permits (if required)
- Tent (if needed)
- Sleeping pad
- Cooking and eating utensils
- Toiletries (including toilet paper)

Extra items:

- Altimeter
- Rope
- Notebook and pencil
- Book
- Biodegradable soap
- Watch
- Binoculars
- Camera

- GPS**
- Change of clothes (waiting at trailhead)**

