**COURSE HSS1080: LEADERSHIP FUNDAMENTALS 1**

Level: Introductory

Prerequisite: None

Description: Students explore basic principles of leadership and evaluate their personal leadership characteristics and qualities. Students develop a plan for their personal growth as a member of a leadership team and examine the various behaviours, skills and roles of team members that contribute to team effectiveness.

**Outcomes: The student will:**

1. evaluate the characteristics and qualities of effective leadership based on basic principles of leadership

1.1 define leadership

1.2 describe the characteristics and qualities of effective leaders

1.3 describe various types of leadership styles, such as democratic, laissez-faire, transformative, inclusive and authoritarian

1.4 evaluate personal leadership characteristics and qualities based on experience within a leadership team

2. create a personal growth plan for leadership development

2.1 evaluate personal core values

2.2 create a personal leadership philosophy such as a mission statement

2.3 design at least two SMART (specific, measureable, attainable, realistic, timely) goals for personal leadership development 2.4 identify strategies for achieving goals

2.5 evaluate personal leadership development

3. evaluate the behaviours, skills and roles that contribute to the effective functioning of a leadership team

3.1 describe strategies for overcoming challenges and obstacles typically encountered by leaders, including:

3.1.1 conflict resolution

3.1.2 stress management

3.1.3 time management

3.1.4 financial management

3.2 explain behaviours and skills that contribute to the effective functioning and goals of a leadership team

3.3 demonstrate fundamental leadership behaviours and skills while participating in a specific

leadership team, including:

3.3.1 effective communication skills

3.3.2 interpersonal skills

3.3.3 personal management skills

3.3.4 empowerment of other team members

3.4 explain several different roles and responsibilities often associated with high performing teams

3.5 negotiate roles and responsibilities with other team members, including defining the scope of responsibilities of team members

3.6 observe individual team members to identify:

3.6.1 positive contributions to the team

3.6.2 the effective fulfillment of assigned team roles

4. demonstrate basic competencies

4.1 demonstrate fundamental skills to:

4.1.1 communicate

4.1.2 manage information

4.1.3 use numbers

4.1.4 think and solve problems

4.2 demonstrate personal management skills to:

4.2.1 demonstrate positive attitudes and behaviours

4.2.2 be responsible

4.2.3 be adaptable

4.2.4 learn continuously

4.2.5 work safely

4.3 demonstrate teamwork skills to:

4.3.1 work with others

4.3.2 participate in projects and tasks

5. make personal connections to the cluster content and processes to inform possible pathway choices

5.1 complete/update a personal inventory; e.g., interests, values, beliefs, resources, prior learning and experiences

5.2 create a connection between a personal inventory and occupational choices