



Stewardship and Outdoor Skills

High School			
Teacher		Date	
# Students		Language	

CTS Course	Title	1	2	3	4	5
ENS 1010	Introduction to Stewardship	Define Env. Stewardship	Human intervention	Nature of & approaches to	Basic competencies	Career Cluster content
WLD 1130	Outdoor Survival Skills	Responsible outdoor experiences	Safe outdoor activities	Minimize Env. Impact	Basic competencies	Career Cluster content
ENS 1910	Project A	Identify connection	Propose project	Meet / evaluate	Basic competencies	Career Cluster content

***Basic Competencies** are assessed throughout the course. Students are living in a residential setting and core competencies are developed inherently as students navigate the social dynamics of travelling, learning, working and living with classmates over the four intensive days.

Pre-Immersion

ENS 1010 – 1.1, 1.2, 1.3 3.1, 3.2	<ul style="list-style-type: none"> A Sense of Place and A Personal Exploration of “**My Ecological Being” Worldviews and Define the Terms – Artistic Representation or Personal Response Environmental Stewardship – Timeline research
WLD 1130 – 1.6.1, 2.1.2, 1.1, 1.4	<ul style="list-style-type: none"> Research on Jasper National Park Understanding Wildlife Packing and Preparation Food and water on excursions
ENS 1910 – 2.1	<ul style="list-style-type: none"> Brainstorming possible projects for post-immersion

**Teacher Note:

Please ensure that you bring the students’ “My Ecological Being” assignments to the Palisades for discussion and display.

Day 1 –

Time	Activity	Course and S.L.O.	Location	Personnel
Evening prior	Arrival, gear to rooms, site orientation, gear sign out	1130 1.1		
8:00 am	Breakfast	SLO 4-basic competencies	Bunkhouse	
9:00 am	Welcome, start- up briefing, set the tone, Stewardship in JNP and Course Rationale Pre-immersion Work displayed and discussed* Introduce Journals (referenced throughout day) Welcome Ritual – Discuss – 7 Generation Thinking and Indigenous Perspectives (tie to 5 pm welcome with Matricia Brown and Acknowledgement)	1010 1.1, 1.2, 1.3	Tipi	
9:30 am	Introductory Warm Up Game (15 Min) Bing Bang, Boogie Up/Boogie Down, Orientation Hunt, Guide the Blind through Mime (30 min) etc.	SLO 4-basic competencies	Picnic Tables	
10 am	Outdoor Survival Skills (1.5 hour session each) Group 1 Fire (warm, signal, cook) Tools (axes, knives, saws) Group 2 Hazards and Emergency Situations	1130 1.2, 1.3 2.2.1, 2.2.2, 2.3.2 2.3.1, 2.3.2	Grounds	
12:30 pm	Hot Lunch		Bunkhouse	
1:00 am	Introductory Hike with Nature (5 dedicated stops)	1010 1.1, 1.2, 1.3 1130 1.7 2.1.1- 2.1.2 2.3.1, 2.3.5	Pyramid Lookout	*staff to start fire for Matricia's session by 4:45
4:00 pm	Challenge: Tents and emergency shelters (modern tents, bivi sac etc pros and cons of each type) Option: 5 types of shelters: large, small, fly only, bivy, tarp Close - Learn to Camp – Parks Canada	1130 2.3.3 Cluster 4 emphasis 1010 3.3	Grounds near Midden	
5:00	Matricia Brown – Welcoming Smudge and Lesson on Stewardship and Indigenous Perspectives		campfire	

6:00 pm	Dinner		Bunkhouse	
6:45 pm	<p>Session 1 (1 hour) Outdoor Warm up: 10 essentials (10 min) Outdoor Survival Skills Presentation (50 min) Trip Planning/Packing Hygiene and Leave No Trace Gear</p> <p>Session 2 (45 min) Food (plan, pack, carry, prepare foods) Food drying and prep (or Build a Bear proof Cache/pole) Stoves and Tea (if time)</p>	<p>1130 1.1, 1.4,1.5, 3.1 Also all SLO 4 cluster content</p>	<p>Waterwheel path Garage</p> <p>*ensure students bring their journals</p>	
8:30 pm	Opening campfire and career discussion with career cards	SLO 5	Fire pit	

Day 2 -

Time	Activity	Course and S.L.O.	Location	Personnel
8:00 am	Breakfast		Bunkhouse	
8:45 am	<p>Group 1 Map Reading, Route Planning (60 min)</p> <p>Group 2 Palisades Map Brief Activity New Stewardship Walk and Discussion (60 mins)</p>	<p>1130 (1.6.2, 1.6.3, 1.7)</p> <p>1010 2.1,2.2</p>	Garage Grounds	
10:45	Break			
11:00	<p>Team Games – reflection on Stewardship and Shared Actions Flip the Tarp, Human Knot, Toxic Container, etc.</p>	Cluster 4 Content	Grounds	
11:30 am	<p>Career Highlight (or extended teambuilding) Example: Ward Hughson – Aquatic Biologist Career focus- Fish Management in JNP</p>	SLO 5	Grounds/ Garage	
12:00 pm	Lunch		Bunkhouse	
1:00 pm	<p>Group 1 Canoe with stewardship discussion points (min. 3)</p> <p>Group 2 Bike</p>	<p>1010 2.1, 2.2, 1130 1.7, 2.1</p>	Lk. Edith	

	with stewardship discussion points (min. 3) (WLD 1130 1.7,2.1) (safe modes of travel and awareness of hazards)			
2:45	Switch Groups			
4:30 pm	Return to PSEC		PSEC	
5:00 pm	Journaling (trip research)	11301.6	Classroom	
6:00 pm	Dinner		Bunkhouse	
7:00 pm	Trophic cascades and Philosophies	1010 2.2 3.1-3.4	Garage	
8:00	Green Jobs	SLO 5	Garage	
8:30 pm	Capture the flag / Campfire Conversations (Ball)	1130 1.7	Fire pit	

Day 3 -

Time	Activity	Course and S.L.O.	Location	Personnel
8:00 am	Breakfast		Bunkhouse	
9.00am	Introduction to Special Project Service Learning briefing	1910 SLO 1 and 2	Garage	
10:00 am	Service Learning	1910 SLO 3	Grounds	
11.20 am	Service Learning debrief	1910 (3.3,3.4)	Grounds	
11:30	Post Immersion Initial Planning Session	1910 SLO 1 and 2	Grounds	
12:00 pm	Lunch		Bunkhouse	
1:00 pm	*Afternoon Options: Hike with PSEC, or off-site with private company to Raft or on-site with private company to climb **coordination with stewardship min. 3 talking points (school responsible for rafting \$) Fire Ecology Hike Option: Medicine Lake (hike to Beaver Lake) or Morro Peak, Carbon Diet Activity	1010 SLO 2.3,3 1130 1.7	Garage	

5:00 pm	Return to PSEC			
5:30 pm	Games on grounds – Frisbee, bocce, v-ball, etc.	Cluster 4 content		
6:00 pm	Dinner		Bunkhouse	
7:00 pm	Orienteering Challenge	1130 (1.6.2, 1.6.3, 1.7)	Behind Garage	
8:15 pm	Nightline/ Campfire	Cluster Content	Fire pit/Nightline Course	

Day 4 -

Time	Activity	S.L.O.	Location	Personnel
8:00 am	Breakfast/ Bag Lunch (Clean rooms, pack and load luggage onto cargo van)		Bunkhouse	
9:00 am	Depart for Snaring			
9:15 am	Snaring Land art and Reflection Visuals – and metaphors Land Art – Stewardship Theme	1130(1.1,1.7, 1010 3.1, 3.4	Snaring	
10:30	Solo and Sit Spot	1010 1.1- 1.3	Snaring	
10:45	Stewardship Themed Activities – Cross the Line, Trust Progression, Raccoon Circles,	1130(1.1,1.7, 1010 3.1, 3.2	Snaring	
11:30 am	Return to Palisades		PSEC	
12:00 pm	Lunch		Bunkhouse	
12:45 pm	Service learning 2	1910 (SLO 1-5)	TBD	
3:00 pm	Reflection/Certificates/Group Photo/Teacher Appreciation/ Closing Ritual and Goodbyes			

Post Immersion

ENS 1010 –	Complete Journal
WLD 1130 –	Complete Journal
ENS 1910 –	Complete Project A Clearly identify how your project is related to WLD 1130 and ENS 1010. Follow the project plan, execute, evaluate and report on your project via photo or video project.

Matricia Brown



Biography

Matricia is a singer, songwriter, musician, drummer and an artist. Matricia teaches honoring the drum, leather work, and many more traditional arts and crafts. She also has her own jewellery line where she infuses First Nations aspects of her culture into modern designs. She makes traditional moccasins, mukluks, fur mitts, beadwork and much more.

Matricia has had the privilege of sharing her culture over the last 20 years to schools throughout the Yellowhead Region. She has been a guest lecturer at every school in Edson and has presented at Dream-speakers Film Festival (Edmonton), and at Kiyaw-Klondike (Edmonton) , NCTCA (Northern Central Teachers Conference Alberta) and the youth conference Dreamcatchers at Grant Macewan (Edmonton). She has won the Aboriginal Women's Day award from the Edson Friendship Centre where she has served as an active Board Member and volunteer since 2004, and the Mayor's Music Award in Jasper where she currently resides. She is also a member of the drumming group "Warrior Women" and has performed throughout Alberta teaching youth her songs and culture.

Stewardship and Outdoor Skills – *Option of two subjects below:**

In this four day program, students earn 3 credits as they explore stewardship and outdoor recreation skills. Matricia's welcoming session:

Students are asked to reflect on their own personal relationship to the land, and how it could be expanded. ***Asani (relationship to the land and water), Spirit Animals(relationship with the animals), tipi teachings(how we lived), medicine wheel (teaches way of life)

1 hour

<http://warrriorwomen.ca/index/>