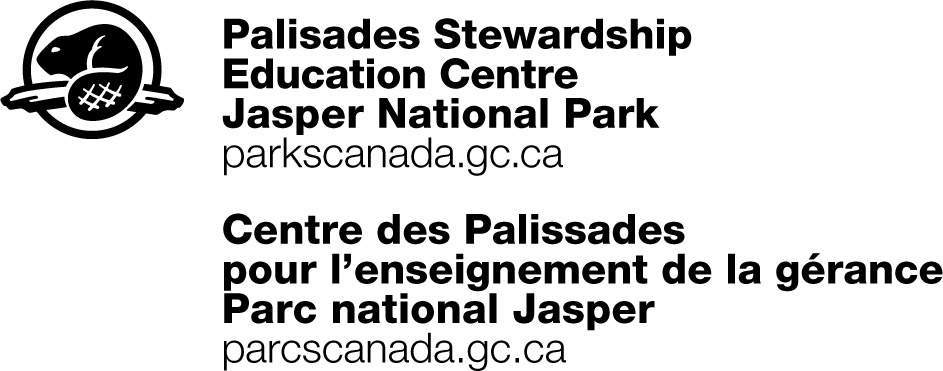


**OUTDOOR SURVIVAL SKILLS – WILD1130**

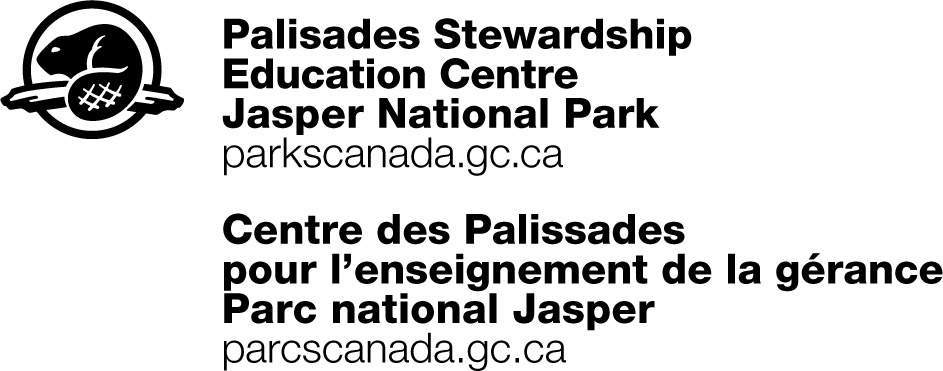
**Day One –**

|  |  |  |  |
| --- | --- | --- | --- |
| Time | Activity | Location | Staff |
| 6:00 pm | Arrival (before or after dinner)  Gear to Rooms  Basic Site orientation by PSEC staff  Site Orientation - gear sign out, start up briefing, set the tone Icebreaker: i.e. Cells  Orientation Hunt | Palisades |  |
| 8:00 pm | Fire - Basic orientation (PSEC to orient group to fire pit, tools, extinguishing options) and handoff to teachers | Fire Pit | Teachers |



**Day Two – Thursday, April 14**

|  |  |  |  |
| --- | --- | --- | --- |
| Time | Activity | Location | Staff |
| **8:00 am** | **Breakfast** | **Bunkhouse** | Teachers |
| 8:30 – 9:30 | **Teambuilding Activities** | Grounds |  |
| 9:30 – 10:10  10:15 – 11:00 | Rotate (40 minutes each + 5 mins switch time)   1. **Tents and Bivy** (modern tents, bivi sac, etc. Pros and cons of each type) 2. **Cooking** (different stoves/fuels, make a drink or mix and fry bannock) May not have time to mix ingredients, perhaps just dry and wet prepped beforehand | Grounds  Grounds |  |
| 11:00 am | Break |  |  |
| 11:15-11:50  11:55-12:30 | Rotate (35 minutes each + transition)   1. **Fire** 2. **Tools** | Fire pit near Bullpen  Fire pit near Garage |  |
| **12:30-1:15** | **Lunch and packing for trip** | **Bunkhouse** | teachers |
| 1:15-1:45 | Trip Planning – Gathering Information   * Why is Valley of the 5 Lakes a reasonable destination? * How long will it take us? * What obstacles might we encounter? | Garage |  |
| 2:00- 5:00 | Hike Valley of the Five Lakes   * PCA and Leave no Trace Focus * Fire in fire pit? Trip Planning for this..? * Map and compass skills practice | Valley of 5 Lakes |
|  | Reflection about the hike. If done early, poss. do some of the evening activities: Nightline, etc. | Grounds/Garage | S |
| **6 pm** | **Dinner** | **Bunk-house** | Teachers |
| 6:45 – 7:45 | Large Group Presentation:  **Food** (1.4) and **Food drying and prep**.  **Hygiene** (1.5)  **Gear** (1.1)  **10 essentials** | Grounds/  Garage |  |
| 7:45-8:00 | Ice breaker/Group Game | Grounds/ Garage |  |
| 8:00-8:30 | Trip Planning – Maligne Lk Snowshoe | Garage |  |
| 8:30 | Hand over to teachers:  Capture the Flag, Fire | Fire pit | Teachers |



**Day Three – Friday, April 15**

|  |  |  |  |
| --- | --- | --- | --- |
| Time | Activity | Location | Staff |
| **8:00 am** | **Breakfast and check out of rooms, pack for day, pack bus, get bag lunch** | Bunkhouse | Teachers |
| 8:50 | Gear from Midden: winter boots, clothing, etc. | Midden |  |
| 9:00 | Depart for Mary Schaeffer Trail Maligne Lk  (50min drive 1 way) | Mary Schaeffer Loop |  |
| 10:00 -1:00 | Snowshoeing  Bag Lunch   * Shelter Building * Cold Injuries (Emergency Situations) * How to deal with an emergency in the field * Animal encounters * Games * Reflection | Mary Schaeffer Loop |  |
|  |  |
| 1:00- 1:15 | Closing Circle  What was your most memorable experience in JNP? | Parking Lot at Maligne Lake |  |
| 1:15 | Departure for home | Parking Lot at Maligne Lake |  |