You're coming! Now what?

What should we expect?

- All of your regular school rules apply at the Palisades and respectful conduct is required.
- You will be active all day from breakfast at 8.00 am through till around 8:30 pm.
- You will be working in groups of 10-20 for much of the time.
- You will spend most time outside.
- You will have three hearty meals each day; how ever, there are no opportunities to purchase snacks. Bring your own snacks.
- You can expect to be sharing a room with three other students.
- NOTE: All bedding and towels are provided!

Wildlife Safety

- Be prepared: While on site, you may encounter wildlife.
- Review this link so you know what to do: https://www.pc.gc.ca/en/pn-np/ab/jasper/securite-safety/faune-wildlife
- **Garbage**: Please do not litter or leave empty drink containers or dishes around the grounds; the smell attracts bears. Bear-proof garbage bins are located by the Bunkhouse and the Bullpen.

Water

- The water is safe to drink and tested daily.
- Please bring reusable water bottles.
- Please do not bring single use water bottles. These items do not support our Environmental Stew ardship message. Reusable water bottles are available to use while here.

Snacks

- Bring your own snacks, marshmallows, etc
- Snacks are not to be stored in rooms. There is communal storage in the Den kitchen and Bullpen.

Composting

- There is a composting program in place at the Palisades.
- Please follow the guidelines while here by using the green bins in the dining room.

Internet

- Free WiFi is available on the Palisades network, and no password is required.
- WiFi is not available in all locations; the best places are in the Den, the Barn and the Garage. How ever, some guests have luck in other places on the grounds.

Parking

- Please drop off your luggage to your room, then park outside the main gate.
- The Palisades roads are narrow and emergency vehicles need access in case of fire or medical emergencies.

Fire Pits

- Guests are welcome to enjoy a small fire in the fire pits.
- Please remove all food, dishes, cans and bottles.
- Marshmallow and hotdog sticks should be placed in the plastic buckets in the woodshed (not in the water buckets, please they poke holes in them).
- Before leaving the fire pit, be sure the fire is completely extinguished. Full water buckets or a hose should be available at the fire pit at all times.

Smoking

- Recommended smoking areas are on the law n betw een the Saddleshop and Bunkhouse, or at the fire pits.
- Please dispose of cigarette butts in the metal cans located by the buildings.

- Please do not smoke within 5 metres (15 feet) of doorw ays or windows, and smoking inside buildings is prohibited.
- Consuming cannabis or cannabis products is prohibited within the grounds.

Site Map: <u>\\Jnp-files\groups\Palisades Data\Education Team\ED Liaison\Website\Website info\Palisades Site</u> <u>Map.docx</u>

What should we bring for the day?

- Casual and athletic clothing suitable for outdoor activities
- Warm jacket, sw eater
- Rain gear
- Outdoor running shoes or boots
- Hat, sunscreen, sunglasses
- Personal toiletries
- Pen, Pencil, and a note pad
- Snacks (no nuts please)
- Water bottle (reusable)
- Camera

Please, do not bring valuables!

What should we bring for overnight trips?

In addition, ALL Season Suggestions:

- Base Layers (non-cotton)
- Long underw ear
- Wool or fleece Sw eater
- Warm jacket (dow n or insulated)
- Hat, toque, and gloves
- Extra clothing layers
- Extra w ool/synthetic socks
- Extra footw ear Sturdy and appropriate footw ear for various outdoor travel
- Pajamas
- Toiletries (toothbrush, toothpaste, shampoo, conditioner, deodorant etc.)
- Field notebook (if applicable)

In addition, WINTER Suggestions:

- Ski pants/ ski jacket
- Winter boots
- Ski goggles, helmet, ski/board equipment if you have your own (otherwise you can rent it at the hill if Winter Travel 15)

In addition, Summer/Spring/Fall Suggestions:

- Shorts
- Running shoes
- Hiking boots
- Rain jacket and pants
- Rubber boots
- Bathing suit (if canoeing)

NOTE: Jasper can have four seasons in one day! It is very important that students have warm clothes regardless of season!

In Case of Emergency

Local services available such as ambulance, police, hospitals, air evacuation, search and rescue. In case of a fire or other emergency, please report to the muster points on site.

Phone Numbers

- **911** Each building has a land-line. You may also dial 911 from the pay phone on the south side of the Barn (closest to the creek). Cell phone coverage is spotty and the best reception is on the Den deck, or on the law n in front of Lodge.
- Non-emergency but urgent assistance (animals on site, false fire alarms, etc) contact the Jasper National Park Dispatch service that is available 24hrs a day. Jasper Dispatch (780) 852-6155
- Palisades office (780) 852-6192 (regular office hours are 8:30 4:30, Mon Fri)
- Seaton Hospital (780) 852-3344
- There is a phone in each building. Cell phone coverage is spotty and the best reception is on the Den deck, or on the law n in front of Lodge.

Emergency Response: includes a site-specific Emergency Response Plan that covers steps taken if someone becomes ill/injured

- Palisades Education Team is trained to at least a 40 hr wilderness first aid level and can treat injuries to their level of certification
- Resources first aid kits and a first aid room with bed and supplies
- If patient requires higher level of care, they will be transported to the hospital in Jasper, approx. 13 km away
- Should the patient be away from easy roadside access by car or ambulance (on a nearby trail, for instance), the Palisades staff will call for the assistance of the Parks Canada Public Safety Team. This team will bring the patient to roadside for evacuation by ambulance. Ed Team staff will be present to hand the patient off to higher level of care or, in case of a minor injury, to a teacher w ho assumes care of the patient.
- The Education Team must fill out a Hazardous Occurrence Incident Report for all injuries.
- The school is responsible for transporting a patient and teacher to the hospital. This transport depends on the severity and urgency of the injury as determined by the Ed Team and/or the teacher. The options are:
 - \circ \quad Use the bus or hired transport used to shuttle students
 - Use an additional support vehicle that is with the group when the bus is not available (ie if the bus and driver leave the site or are unavailable overnight)
 - Hire a taxi to transport patient
 - Call an ambulance
- We defer to the individual school policy regarding accompanying patients to the hospital but it is assumed that a teacher will accompany a patient.
- After hours or on self-guided trips, the teachers are responsible for first aid and requesting an ambulance.
- For medical evacuations and other emergencies, including a lost or runaw ay student, building fire, wildfires, train derailment, Palisades staff access the Jasper National Park emergency response resources by phoning 911 or using radios to call Jasper Dispatch. This initiates the appropriate support and resources to manage larger scale emergencies.

Please leave natural items like plants and antlers for others to enjoy: it is illegal to collect them. If you think you have found something significant, please notify the office staff.